

Teambuilding Using the MBTI® Instrument

About the MBTI instrument

The Myers-Briggs Type Indicator® (MBTI®) Step I instrument is a versatile tool, which provides individuals and teams with a powerful understanding of their own and others' personality style. By understanding the differences between personality types, groups and individuals are able to work together more effectively, improving communication and reducing conflict.

This instrument can be used in one-to-one and group settings, and has a wide range of workplace applications including: individual development and executive coaching; management and leadership development; teambuilding and development; organisational change and improving communication.

Who can attend?

To attend this programme you must be a qualified practitioner of the MBTI instrument. This means that you should have successfully completed one of the following:

- MBTI Step I Qualifying Programme
- MBTI Step I Conversion Programme
- Level B (Intermediate Plus) Programme with OPP.

Programme dates

Please visit our website to view our 2011 training dates at <http://www.opp.eu.com/calendar>.

Fee

Please visit our website to view our full price list at [OPP® - international business psychology consultancy](#).

How to book

By telephone

Call our Learning Operations team on **0845 603 9958**.

Online

Book online at www.opp.eu.com/shop.

By email

Send an email including course and participant details to enquiry@opp.eu.com.

By fax

Complete the programme booking form and fax to **+44 (0)1865 511 222**

By post

Complete the programme booking form, enclosing a cheque or credit card details and send it to the address at the end of this info sheet.

Duration

One-day programme

Locations

Bristol, Dublin, Edinburgh, Leeds, London, Oxford

Also available in other European countries – please see www.opp.eu.com for details. Also available as an in-house programme for organisations with several participants (see over).

Programme outline

This programme uses a variety of learning methods, including interactive exercises, group work, presentations and practice sessions. The following areas will be covered:

- Planning and design of a team event – work with team leaders to set objectives – plan formats and timings into which the MBTI instrument can be integrated
- Diagnosing a team's needs – understand issues prevalent in the team you are working with – use type to explore team dynamics
- Effective facilitation – run team exercises with the MBTI instrument – know what to observe, and how and when to use feedback
- Action planning and continuing development – establish processes for action planning – put in place methods for following up.

Benefits for you and your organisation

This programme will help to build upon the extensive knowledge gained from your qualifying course. It will help you to develop the skills and experience you need to help groups address problems and improve effectiveness in a team environment. The practical exercises and materials will give you the confidence to tackle common team issues such as improving communication, resolving conflict and solving problems.

On completion of this programme, you will be able to apply the new skills you have learnt to your organisation, using the MBTI instrument to:

- diagnose a team's needs
- plan and design a team event
- facilitate effectively
- action-plan and continue development.

OPP[®] Ltd

With expertise in applied business psychology, OPP enables organisations, teams and individuals to improve their effectiveness. Client solutions are delivered through the capabilities of our consultancy and learning services and a portfolio of world-renowned psychometric instruments. OPP works with companies in the UK and the whole of Europe through a network of regional partners and offices. Visit www.opp.eu.com, email enquiry@opp.eu.com or call one of the national rate numbers listed below for information on the full range of OPP products and services.

UK: +44 (0)845 603 9958

Belgium: +32 (0)2 709 2919

Denmark: +45 3644 1040

France: +33 (0)1 55 34 92 00

Germany: +49 (0)2 195 926900

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The Netherlands: +31 (0)20 586 3300

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Do you have six or more people who wish to attend? Why not try one of our in-house programmes?

OPP has many years' experience of providing 'in-house' programmes for clients, where one of OPP's renowned psychometric programmes is run exclusively for your employees at a venue of your choice. Benefits include:

- Flexibility – date, venue to suit you and tailored to your organisation's needs.
- Value – cost per participant significantly less, relevant to your organisation and its issues.
- Quality – increase employee motivation and improve teamwork within your organisation.

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